



Saveria Tattoos & Fine Art

Avoid the following for 10-14 days after getting a tattoo:

- **Hot tubs, swimming, or prolonged submersion in water**
- **Shaving the area**
- **Pets**
- **Direct sunlight**

TATTOO AFTERCARE (Traditional/Non-derm)

1. The bandage protects the tattoo while allowing body fluids to drain. Remove the bandage after 2-3hrs.
2. **KEEP IT CLEAN!** Always wash your hands with antibacterial soap before touching your tattoo. Gently wash the tattooed area with warm water and a mild antibacterial soap. Pat it dry with a paper towel, air it dry and then apply a THIN layer of ointment (Aquaphor, Cetaphil, Lubriderm, Eucarin basic daily moisturizers are all fine).

Use a clean paper towel to blot off excess ointment. You do **NOT** want to suffocate your tattoo with the ointment, it is essential to let the tattoo breathe.

3. Wash your tattoo 2-3 times daily (or whenever exposed to dust/dirt/debris/unsanitary conditions) and apply a thin layer of moisturizer immediately after. Continue this routine for 14 days. Washing too often or forgetting to apply an aftercare product can damage the tattoo.

The ointment helps to enhance the color, promote healing and won't clog pores. After your tattoo has peeled, you may use a hypoallergenic, non-scented lotion to keep your skin hydrated.

4. Dress appropriately! Wear loose fitting, breathable clothing that will not rub against the tattoo, especially during the first 2-3 days. Keeping the tattoo exposed to open air is a crucial part of the healing process.
5. As your tattoo heals, it is natural for the skin to scab and/or peel. To prevent risk of infection and color loss, **DO NOT** scratch or pick at the area. Allow any scabbing or peeling to fall off naturally. If your tattoo itches, avoid scratching. Instead, lightly tap or pat the area to relieve the symptoms without damaging the tattoo.
6. Most tattoos heal in 2-3 weeks, but can take up to 6 weeks to fully settle. Consult a physician if any signs or symptoms develop such as the following: painful redness at the site, green/yellow discharge and/or fever.



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TATTOO AFTERCARE (DERM INSTRUCTIONS)

1. Saniderm/Dermor and Tegaderm products are medical grade bandages that stay on for multiple days in order to protect and help heal your tattoo.
2. The Saniderm/Tegaderm bandage is placed by the artist the day of your tattoo. Depending on the type of tattoo you've received, it is best to leave the bandage on for 5-7 days.
3. The Saniderm/Tegaderm bandage forms a seal around your tattoo, minor edge lifting or slight peeling is normal and okay! It will fill with excess blood and ink which will eventually dry up making the bandage look crusty (somewhat like wrinkly plastic wrap). This is completely normal. Around days 4-7, mild itching may occur - this is part of the healing process.
4. Keep an eye on the Saniderm/Tegaderm bandage and look for leaking or excessive peeling where the tattoo may become exposed to outside material (things like sweat, shower water, etc, can sometimes penetrate the seal and bandage). If that happens, remove the bandage immediately, and wash your tattoo with antibacterial soap.
5. **FOR LARGE COLOR AND BLACKWORK:** Due to the size of the tattoo and amount of ink used, your artist may recommend replacing the Saniderm/Tegaderm bandage after the first 24hrs. If that is the case, follow the instructions below for removal. After removal, wash with antibacterial soap and pat dry with a clean, fresh paper towel. Then place a new bandage over the tattoo within 30 min of removal while making sure the area is still clean. You can cut the bandage into a smaller shape to help with application.
6. **REMOVAL:** To remove your Saniderm/Tegaderm bandage start by running the bandage under warm water while slowly and gently peeling the edges. Peel the Saniderm/Tegaderm bandage off like a command hook, and peel in the direction of the surface of the skin while running it under water. You can use a bit of antibacterial soap to help loosen the adhesive while you take it off. After it is removed, wash the tattoo with antibacterial soap and pat it dry with a clean paper towel. **DO NOT RIP IT OFF** - this can lead to blistering of the skin. Mild redness is common around the edges and can take a few weeks to fade fully.
7. It is best to make sure that the tattoo stays under the Saniderm/Tegaderm bandage for a total of 7 days, as early removal can cause healing to take longer and may damage the tattoo. However, if something does get inside the sealed bandage, take it off immediately as that can lead to infection.

Note: Excessive pain, excessive redness, excessive itchiness may be signs something isn't right. When in doubt, remove the bandage and follow normal aftercare instructions.